

**IN-HOME SUPPORTIVE SERVICES/PUBLIC AUTHORITY ADVISORY COMMITTEE**  
**October 10, 2025, 12:45 PM**

**South Region Livewell Center**  
**401 Mile of Cars Way**  
**2<sup>nd</sup> Floor, Training Room 2086**  
**National City, CA 91950**

<https://us02web.zoom.us/j/8597078275?pwd=bFkxa2tGMGJvL0xLNU5xS3RrYlZrdz09>

Meeting ID: 859 707 8275

Passcode: 172598

<b>1. CALL TO ORDER: The meeting was called to order at 12:49 PM.</b>			
<b>2. Attendance</b>			
<b>Members</b>		<b>Absent Members</b>	<b>Guests</b>
Nadine Branch Yolanda Ivy Angela Vittucci Blanca Paulin	Nicanora Montenegro		Cesar Javier Purita Javier
<b>Members via Zoom</b>	<b>AIS/IHSS Staff</b>	<b>IHSS Public Authority</b>	<b>Guest – via Zoom</b>
Russell Evans Sabrina Bishop Charles Kirtley	Abigail Salud Gilberto Contreras-Morales Lizzeth Fermin Isela Langarica	Andrea Villa Denise Bernal Leonardo Madrigal	Ethel Larkins
<b>3. ESTABLISHMENT OF QUORUM: Done.</b>			
<b>4. PLEDGE OF ALLEGIANCE: Done.</b>			
<b>5. INTRODUCTIONS: Everyone in attendance introduced themselves.</b>			
<b>6. MEETING CODE OF CONDUCT REVIEW: Blanca reviewed the code of conduct.</b>			
<b>7. APPROVAL OF AGENDA: Yolanda motioned to approve the agenda, and Blanca seconded. Motion Passed.</b>			
<b>8. APPROVAL OF MINUTES: Angela motioned; Blanca seconded. Motion passed.</b>			
<b>9. CHAIR REPORT:</b> Nicanora shared that on 9/27/25, she attended an annual picnic hosted by Choices of Independent Living, where she was able to speak to many caregivers and distribute information on In-Home Supportive Services (IHSS). She shared that on 9/29/25, the Filipino American Association for Developmental Disabilities hosted a guest speaker, Julie Lara, who presented on IHSS, which was well attended. Nicanora shared that on 10/4/25, the San Diego Regional Center Family Resource Fair was held at the San Diego Convention Center, to which approximately 2,000 people attended, and more than 100 vendors were present providing information for individuals with disabilities. She also shared that on 10/5/25, she attended the Philippine Medical Association Carabao Run and distributed IHSS/Public Authority materials.			

**10. Presentation: Fall Prevention Presentation by Isabelle Davis.**

Isabelle, Health Information Specialist from the County of San Diego, presented on preventing falls among older adults. She shared that falls are the leading cause of injury and death among those over 65, one in four older adults fall each year. Also, certain medical conditions, medications, physical inactivity, poor vision, and environmental hazards contribute to falls. Isabelle shared strategies to prevent falls, such as speaking with healthcare providers about medications and fall risks, engaging in balance and strength exercises (like chair stands and practicing Tai Chi), checking eyesight and hearing annually, and provided ways to make your home safer. She also shared several resources, including the San Diego Fall Prevention Task Force, Community Programs: Feeling Fit Club, Evidence-Based Fall Prevention Programs (such as Tai Chi), State and National Resources, and the Vial of Life for emergency medical information.

**11. REPORTS**

A. Aging and Independence Services (AIS) Council	Sabrina reported that the AIS Council’s next meeting will be on 10/13/25. She mentioned AIS is branching out and partnering with nutritional programs. Sabrina mentioned she will provide any updates if the budget cuts have an impact on any program or housing projects.	
B. Membership	Gilberto inquired with Nicanora and Blanca on when they can begin scheduling interviews with interested candidates, to fill the upcoming vacancy the committee will have after Nadine’s term expires in December 2025.	
C. IHSS	Abigail shared that IHSS is fully staffed. She shared that Julie Lara from IHSS had a table at the San Diego Regional Center Family Resource Fair and the Philippine Medical Association Carabao Run, where she distributed IHSS information. Abigail mentioned that Dr. Elizabeth Hernandez will be stepping in as the Interim Deputy Chief Administrative Officer for Health and Human Services (HHSA) following Kim Giardina’s departure on 11/6/25. She mentioned that Rick Wanne, the Self-Sufficiency Services Director (SSS), is retiring, and Dr. Alberto Banuelos will be the Interim SSS Director, stepping in at the end of November 2025. Abigail introduced two supervisors: Lizzeth Fermin and Isela Langarica.	
D. Community Report	Nicanora shared that the Pilipino Workers Center is holding a Larry Itliong Day Festival in Vista, CA on 10/11/25. She mentioned that there will be a panel discussing the contributions of Filipinos to the US Labor Movement. Nadine shared that she attended a webinar sponsored by Dr. Akilah Weber Pierson regarding Sickle Cell Disease and discussed the discrimination faced by families within the medical community. She mentioned that on 10/1/25, there was a Social Determinants Forum on Health, discussing Adverse Childhood Experiences (ACEs). Nadine said there was a forum on 10/4/25, regarding CA Prop 50, and that a census would be conducted in 2030.	

E. UDW	Sabrina shared, on behalf of Trang from UDW, that there will be two Provider Appreciation Days, one on 11/6/25 in El Cajon for the Southern Region and another on 11/13/25 in Vista for the Northern Region. She shared that the last membership meeting for all members will be on 12/4/25 in El Cajon. Sabrina said that UDW is connecting with churches and providing information on CA Prop 50 to Pastors to encourage voting in upcoming elections. She thanked the Public Authority team for making the renewal badge process efficient and convenient.
F. California IHSS Consumer Alliance (CICA)	Yolanda shared that there will be changes to Medicaid. She mentioned there will be a three-part webinar beginning on 10/15/25 from 5:30 PM to 6:45 PM on “State and Federal Policy Updates with Californians with Disabilities.” The second will be “How Federal Medicaid Changes will affect Californians with Mental Health Disabilities” on 10/30/25 from 11:00 AM to 12:00 PM, and lastly on 11/17/25 “How Federal Medicaid changes affect Californians with I/DD” at 5:30 PM, and you must register for all three parts.
G. Public Authority (PA)	Andrea informed the committee, on behalf of Thomas, that the government shutdown is being closely monitored by the office of Economic Development and Government Affairs (EDGA). She mentioned that essential programs for life, such as IHSS, are being maintained. As more information becomes available, additional details will be provided. Andrea reviewed the changes to the Senate Bill 707 and said it is being reviewed with County Counsel regarding the detailing of the in-person quorum and will update the group as soon as possible. She shared that the labor negotiations with UDW are currently underway, which began on 10/1/25 due to current contract expiring on 12/31/25. Andrea mentioned that many of the items are centered around caregiver wages, health benefits, and non-health benefits, such as transportation passes; however, the contract negotiations are confidential. She mentions that the PA looks forward to continuing to work with the UDW and helping support all the caregivers in the community. Andrea shared that the PA would host the Holiday Luncheon if the committee approves it in December, and the PA team will work on operationalizing it. She reviewed the acronym list that was shared and informed that if any new ones need to be added to the list, reach out to Denise to get that updated. Andrea shared that the Public Authority’s virtual Caregiver Recognition Event will take place on 11/18/25 and reviewed the Advisory Committee’s financial report.

**12. Old Business (discussion and possible action):**

**A. Committee Events:**

**Vote on the Approval of the Advisory Committee Annual Report for submission to CBOS.** Yolanda motioned. Charles seconded. Motion Passed.

**New Business (discussion and possible action):**

1. **Proposed Term of Service by Advisory Committee Members** – Nadine mentioned she researched a few counties and found that some members are voted on by the Board of Supervisors (BOS) with a four-year term that can be renewed by the BOS, but on average, she found that it is either a two-year or a four-year term. Nicanora requested that this topic be tabled for discussion at the next meeting under Old Business.
2. **Vote on having a Holiday Party.** Charles motioned. Yolanda seconded. Motion Passed.
3. **Senator Weber Pierson’s Turkey Giveaway/Resource Fair- November 15 @ Madison High School.** Nadine mentioned there is a change to the date of this event to 11/22/25. Nicanora said she would like to table this for the next meeting to see which of the advisory committee members can hold a table at this event.

**13. PUBLIC COMMENT:** Cesar shared concerns about environmental hazards in his neighborhood, including a ceramics manufacturing business in a residential zone, traffic issues, and potential toxic exposure affecting residents’ health and safety.

**14. MEMBER COMMENT:** Blanca shared that on 9/27/25, she attended a YMCA Collaborative Presentation with the County of San Diego, where they are introducing Enhanced Care Management and Community Support services available through Medi-Cal transformation programs, which can expedite services for eligible individuals.

**15. NEXT MEETING AGENDA: 11/14/2025**

**16. ADJOURNMENT: The meeting adjourned at 3:04 PM**

**Minutes prepared by Nicanora Montenegro, Andrea Villa, Denise Bernal, and Leonardo Madrigal**