

AMENDED

IN-HOME SUPPORTIVE SERVICES/PUBLIC AUTHORITY ADVISORY COMMITTEE
March 10, 2025, 12:45 PM

South Region Livewell Center
401 Mile of Cars Way
2nd Floor, Training Room 2086
National City, CA 91950

<https://us02web.zoom.us/j/8597078275?pwd=bFkxa2tGMGJvL0xLNU5xS3RrYlZrdz09>

Meeting ID: 859 707 8275

Passcode: 172598

1. CALL TO ORDER: The meeting was called to order at 12:51 PM.			
2. Attendance			
Members		Absent Members	Guests
Nadine Branch Yolanda Ivy Angela Vittucci Blanca Paulin		Charles Kirtley	Cindy Greatrex
Members via Zoom	AIS/IHSS Staff	IHSS Public Authority	Guest – via Zoom
Nicanora Montenegro	Abigail Salud Gilberto Contreras- Morales Jill Dockler Celia Castro	Thomas H. Johnson Ana Molina	Russell Evans Belquis Melissa Barling Don Howard Mariya Kalina (CCTSS) Lan Chung Frances Medina
Item	Outcome/Discussion		Action Items
3. ESTABLISHMENT OF QUORUM: No Quorum.			
4. PLEDGE OF ALLEGIANCE: Done.			
5. INTRODUCTIONS: Everyone in attendance introduced themselves.			
6. MEETING CODE OF CONDUCT REVIEW: Yolanda reviewed the code of conduct.			
7. APPROVAL OF AGENDA: No Quorum.			
8. APPROVAL OF MINUTES: No Quorum.			
9. CHAIR REPORT: Nadine wished the women in attendance a Happy International Women’s Month. Nadine said she, Yolanda, and Nicanora had the opportunity to attend the Abilities Expo. She said she was able to connect with organizations and invite speakers to upcoming meetings. Nadine was able to schedule a presentation from CalAIM toward the end of the year. She also said she invited someone to speak on Individualized Education Plans (IEP) in July. She said she met the committee’s Los Angeles counterparts, and she also met Janie Whiteford, who is the President of the California IHSS Consumer Alliance (CICA). Nadine said she was pleased to see all the accommodations at the Abilities Expo event.			

10. Presentation – California’s Long-Aging & Disability Landscape, by Mariya Kalina, CCLTSS Executive Director: California’s Aging Population Growth - Mariya discussed the demographic shift in California, with the population of adults aged 60 and older steadily growing. By 2030, one in four Californians will be 60 and older, increasing to 32% by 2060. This growth is not uniform across all California counties. She noted the increase in the number of individuals with disabilities, particularly among older adults, and emphasized the importance of considering these demographic changes in policymaking. Mariya discussed long-term services and support (LTSS) system in California, highlighting challenges such as a lack of awareness among consumers, language and cultural barriers, and inequitable distribution of programs across counties. The shift in family structures and the increasing need for support, with over 4.5 million unpaid family caregivers in California. She reported that the direct care workforce is predominantly made up of women and women of color, and it is undervalued despite the growing demand for their services. There are projected to be 1.2 million job openings for direct care professionals in California by 2028. Mariya discussed the rising poverty rate in California, particularly among older adults and those with disabilities. Poverty among adults with disabilities is around 22%, and for older adults, it's just above 15%. She touched on the issue of homelessness, noting that adults aged 50 and older now comprise about 50% of the homeless population. Affordable housing is a significant issue, with 6 out of 10 rental households with residents aged 65 and older spending more than 30% of their gross income on housing costs. The number of people aged 55 and older who sought homelessness services increased by 84% between 2017 and 2022. Middle-income older and disabled adults are being priced out of care, as they don't qualify for public programs but can't afford the care they need. Limited Medicare coverage for long-term services and supports (LTSS) needs alternative resources for those who don't qualify for Medicaid. Mariya highlighted the Master Plan for Aging, a strategic framework developed with stakeholder input, aimed at preparing the state for demographic shifts by 2030. The plan includes five bold goals, 23 strategies, and over 200 initiatives focused on healthcare, housing, LTSS, workforce, and social isolation. The Local Playbook component involves distributing funding to communities to develop their own Master Plans, with 40 of California's 58 counties currently developing or implementing their own plans. The California AIM initiative aims to transform healthcare delivery by coordinating medical services and social supports, with a vision to improve care coordination, focus on prevention, and create a stronger, more connected system. Mariya discussed the challenges facing Medicaid funding in California due to potential federal cuts. One-third of Medicaid funding goes towards Long-Term Services and Supports (LTSS), including nursing homes, in-home caregivers, and essential medical services. If these cuts are enacted, it could lead to fewer services, longer wait times, and increased financial strain on families. California might need to cut programs or raise taxes, with optional programs like IHSS likely to be first on the chopping block. Mariya encouraged everyone to stay informed, raise awareness, and make their voices heard in this process.

11. REPORTS

<p>A. AIS Council</p>	<p>Nadine said she attended the last AIS meeting. There is no update on whether they will replace Ethel Larkins as the AIS Council representative. She said during the meeting; they had a presentation on CalAIM and San Diego Jewish Family Services. Nadine highlighted some of the services offered by San Diego Jewish Family Services. She says they have meals, some for a fee and some at no cost for those on Medi-Cal. She said they have a market that is free of charge; points to shop are awarded based on need, called corner market. Angela said it is unlike other food</p>
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	banks; they have frozen products and fresh fruits and vegetables that individuals can shop from based on the points they were given. Angela shared that as someone with dietary restrictions, she has had a very positive experience visiting the market every month.	
B. Membership	Gilberto reported that Russell Evans submitted his membership application. He said he would schedule interviews in the coming weeks. Gilberto said that the membership process for Carie Humphrey was placed on hold until further notice.	
C. IHSS	Abigail reported that Allison Boyer has been hired as the new AIS Assistant Director. Abigail mentioned that Allison interviewed her when she was first hired as a social worker supervisor. Gilberto said Allison was also one of his managers at the call center when he first got hired. Abigail said that Allison is very knowledgeable about the IHSS Program. She reported that the IHSS Training Academy will run from 3/21/2025 through 4/4/2025. She said there is one social work supervisor vacancy that they will be holding interviews for. Abigail said that the Southern California Resource Center gave a presentation to her staff as part of their training. She introduced social worker supervisors, Cecilia Castro and Jill Dockler.	
D. Community Report	Nicanora thanked the presenter for the information she provided. She reported on attending the Abilities Expo. She said it was a wonderful event that brought many new perspectives. She said the event does a lot to give the disabled community hope and empowerment. Nicanora informed the group about the CalAIM programs that allow individuals with disabilities to work without losing their benefits.	
E. UDW	No update.	
F. CICA	Nadine reported that CICA is planning a lunch-and-learn for the Southern Region advisory committees; they hope to have that on 4/8/2025. She asked the committee members to attend if they were able to.	
G. Public Authority	Thomas reported that the CDSS California Department of Social Services included the San Diego Public Authority (PA) at their presentations, including a total of attendees at 920 provider enrollment sessions and 1600 lobby visitors. Thomas said they had had a ribbon cutting ceremony for their new lobby. He informed the committee that some back-up providers participating in the Waiver Personal Care Services (WPCS) are experiencing delays in payments of up to three months. Thomas said he will work with San Ysidro Health and AIS staff to attempt to resolve the issue. He reported that in 2024, they had a total of 37,000 providers; currently, in 2025, there are a total of 41,000 providers, which is a 12% increase in providers. Thomas said he has been holding interviews for Ana Molina's replacement as his Executive Assistant, who is also the committee liaison. He said Bill SB707 is being closely monitored as it may impact the advisory committee's funding. He said it was recently addressed in a legislative committee meeting with the California Association of Public Authorities (CAPA), and the	

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	<p>bill is looking at potentially removing stipends. Thomas said the initial draft of the PA's budget's has been submitted to the County for review. He plans to present the PA budget during the May committee meeting. Thomas reported that there was a Labor Management Committee meeting with UDW on 2/26/2025. It was attended by the PA, the County AIS and IHSS staff, the County Senior Labor Relations Officer, and UDW leadership. He said the PA open houses have been put on hold due to staffing and budget constraints. Thomas reviewed the committee's monthly fiscal report.</p>
<p>12. Old Business (discussion and possible action): A. Committee Events: 1. Abilities Expo: Yolanda spoke about her experience at the Abilities Expo in Los Angeles. She said it was her first Expo. She said she felt comfortable there and had never seen so many wheelchairs in one place. Yolanda said that with her walker, she walked four miles each day of the Expo. She said she talked to many vendors, and she learned about service animals. Yolanda said she was surprised to learn how much service dogs can do. She said enjoyed the experience and connecting with others with disabilities. 2. Leading the Charge – 4/2/2025, at Double Tree Mission Valley, from 8 AM to 1 PM. 3. Gigi's Playhouse – Annual Run on 4/24/2025 at Crown Point from 7 AM to 12 PM.</p>	
<p>13. New Business (discussion and possible action): A. Parliamentarian Nomination – Nadine said that there are trainings for Parliamentarian; many are paid trainings that may be too costly based on the current budget. She informed the members that they could research and watch free videos on YouTube if they were interested. Ana informed the members that a Board, Commissions, and Committees (BCC) Training is coming up on 4/30/2025.</p>	
<p>14. PUBLIC COMMENT: No public comment.</p>	
<p>14. MEMBER COMMENT: Blanca shared her experience of taking a 38-lesson course on transgender and intersex cultural competence. She emphasized the importance of understanding and being sympathetic towards individuals who are transgendered. Blanca said she also attended a Zoom presentation on fire prevention and the need for preparedness. Angela asked where seniors who need help on their taxes can go. Nadine said 2-1-1 might be able to help. Blanca said she could follow up with Angela and let her know what organization has used in the past.</p>	
<p>15. NEXT MEETING AGENDA: 4/11/2025</p>	
<p>16. ADJOURNMENT: The meeting adjourned at 2:43 PM</p>	

Minutes prepared by Nadine Branch, Thomas H. Johnson, and Ana Molina